

#Jenny



Finally I get this ebook, thanks for all these I can get now!

#Rio



Cool! I'am really happy

#Markus Jensen



I did not think that this would work, my best friend showed me this website, and it does! I get my most wanted eBook

#Hun Tsu



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#Che Salsa



My friends are so mad that they do not know how I have all the high quality ebook which they do not!

#Diego Butler



so many fake sites. this is the first one which worked! Many thanks

Techniques Used in Solution-Focused Brief Therapy

- Pre-therapy change
 - (What have you done since you made the appointment that has made a difference in your problem?)
- Exception questions
 - (Direct clients to times in their lives when the problem did not exist)
- Miracle question
 - (If a miracle happened and the problem you have was solved while you were asleep, what would be different in your life?)
- Scaling questions
 - (On a scale of zero to 10, where zero is the worst you have been and 10 represents the problem being solved, where are you with respect to _____?)

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Solution Focused Therapy Techniques