

#Jenny



*Finally I get this ebook, thanks for all these I can get now!*

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#Rio



*Cool! I'am really happy*

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#Markus Jensen



*I did not think that this would work, my best friend showed me this website, and it does! I get my most wanted eBook*

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#Hun Tsu



*wtf this great ebook for free?!*

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#Che Salsa



*My friends are so mad that they do not know how I have all the high quality ebook which they do not!*

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#Diego Butler



*so many fake sites. this is the first one which worked! Many thanks*

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## Solution-Focused Brief Therapy (SFBT)

- Focus on what want to achieve (not past)
- Focus how to obtain goal
  - Positive stated goals, measurable
- Case study
  - Male, 6<sup>th</sup> grade, good grades
  - Prior counseling aggression, anxiety
  - Weekly sessions, 1 month CBT, 5 month SFBT

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**Solution Focused Case Study**