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Problem Solving

1 Define Your Problem

Before you define a problem, it might feel vague or confusing. Writing out your problem will help to organize information, see it from new angles, and identify the most important issues.

When and where does your problem occur?

What are the causes of your problem?

Think about all the possible causes. Consider your own behavior, as well as external factors.

Define your problem.

Be as clear and comprehensive as possible. If there are many parts to your problem, describe each of them.

Preview
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Separate your emotions from the problem, try to complete this impartial friend.

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