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Cool! I'am really happy

#Markus Jensen



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so many fake sites. this is the first one which worked! Many thanks

Test Your Emotional Intelligence

This is a list of situations each followed by five possible responses (ALWAYS, USUALLY, SOMETIMES, RARELY AND NEVER).

Read each sentence carefully and out of the five possible responses, choose the one which seems to you to be the most appropriate response for a particular situation.

Always: A; Usually: U; Sometimes: S; Rarely: R; Never: N.

S.No.		A	U	S	R	N
1-	I extend help to anyone who is in need without expecting any returns.					
2-	I am very sensitive and respectful to the feelings of others.					
3-	I do not allow my emotions to spoil my relations with others. I am always in control of my emotions.					
4-	If someone hurts me in any way, I do not forget it easily; I am on a lookout to retaliate in the same case.					
5-	I never have problem adjusting with any kind of person.					
6-	I feel guilty for any wrong that I may have done in the past.					
7-	I try to share others' grief or turmoil, I am sympathetic and caring when someone is in pain.					
8-	Between the two, I get more happiness and peace of mind in giving rather than taking.					
9-	I solve a problem as soon as I confront it, and it keeps me free from worries.					
10-	I look at my problem with an open mind. I never allow my feelings and emotions to influence my decisions and actions.					
11-	My feelings are one with the suffering person. I try to spend time with that person and share his grief and sorrow.					

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