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REAR AIR SHOCK SETUP

Fox Triad
X-Fusion RLA / RC

Key Setting: Set the sag (20-25% of shock strokes) See attached pressure chart for starting air pressure.
Note: The chart is only a starting point, actual sag needs to be checked and adjusted on the bike, while riding, and at regular intervals. After setting the pressure, push the rubber ring up to the seal, sit on the bike gently, dismount, and measure sag.

Set Standard rebound damping adjuster to rider preference. Typically a slower rebound for slow speeds, bigger hits to eliminate a kickback, or faster rebound for higher speeds and smaller hits, so the suspension does not dive and has time to rebound between bumps.

Fox Triad ride tips (Fig. 1): Three compression settings dial in the shock efficiency and ride characteristics.
1) Lockout - compression is closed, locking out the shock for the most efficient pedaling setting.
2) ProPiloter - adds in slow speed compression to improve shock efficiency while still allowing the shock to absorb medium and large scale hits. This setting is great for all-around riding providing an efficient pedaling platform while still absorbing trail features.
3) Open - very little compression damping for the most supple and sensitive ride possible.

X-Fusion RLA side Sag (Fig. 2): The RLA shock has a unique rebound adjust feature that affects compression and lockouts at the "1" side.

X-Fusion RC side Sag: the blue compression lever will close the shock's compression, locking it out for the most efficient ride.

Rate	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
90-100	41-45	40-45	39-45	38-45	37-45	36-45	35-45	34-45	33-45	32-45	31-45	30-45	29-45	28-45	27-45	26-45	25-45	24-45	23-45
100-110	45-50	44-50	43-50	42-50	41-50	40-50	39-50	38-50	37-50	36-50	35-50	34-50	33-50	32-50	31-50	30-50	29-50	28-50	27-50
110-120	50-54	49-54	48-54	47-54	46-54	45-54	44-54	43-54	42-54	41-54	40-54	39-54	38-54	37-54	36-54	35-54	34-54	33-54	32-54
120-130	54-59	53-59	52-59	51-59	50-59	49-59	48-59	47-59	46-59	45-59	44-59	43-59	42-59	41-59	40-59	39-59	38-59	37-59	36-59
130-140	59-64	58-64	57-64	56-64	55-64	54-64	53-64	52-64	51-64	50-64	49-64	48-64	47-64	46-64	45-64	44-64	43-64	42-64	41-64
140-150	64-68	63-68	62-68	61-68	60-68	59-68	58-68	57-68	56-68	55-68	54-68	53-68	52-68	51-68	50-68	49-68	48-68	47-68	46-68
150-160	68-73	67-73	66-73	65-73	64-73	63-73	62-73	61-73	60-73	59-73	58-73	57-73	56-73	55-73	54-73	53-73	52-73	51-73	50-73
160-170	73-77	72-77	71-77	70-77	69-77	68-77	67-77	66-77	65-77	64-77	63-77	62-77	61-77	60-77	59-77	58-77	57-77	56-77	55-77
170-180	77-82	76-82	75-82	74-82	73-82	72-82	71-82	70-82	69-82	68-82	67-82	66-82	65-82	64-82	63-82	62-82	61-82	60-82	59-82
180-190	82-86	81-86	80-86	79-86	78-86	77-86	76-86	75-86	74-86	73-86	72-86	71-86	70-86	69-86	68-86	67-86	66-86	65-86	64-86
190-200	86-91	85-91	84-91	83-91	82-91	81-91	80-91	79-91	78-91	77-91	76-91	75-91	74-91	73-91	72-91	71-91	70-91	69-91	68-91
200-210	91-95	90-95	89-95	88-95	87-95	86-95	85-95	84-95	83-95	82-95	81-95	80-95	79-95	78-95	77-95	76-95	75-95	74-95	73-95
210-220	95-100	94-100	93-100	92-100	91-100	90-100	89-100	88-100	87-100	86-100	85-100	84-100	83-100	82-100	81-100	80-100	79-100	78-100	77-100
220-230	100-104	99-104	98-104	97-104	96-104	95-104	94-104	93-104	92-104	91-104	90-104	89-104	88-104	87-104	86-104	85-104	84-104	83-104	82-104
230-240	104-109	103-109	102-109	101-109	100-109	99-109	98-109	97-109	96-109	95-109	94-109	93-109	92-109	91-109	90-109	89-109	88-109	87-109	86-109
240-250	109-113	108-113	107-113	106-113	105-113	104-113	103-113	102-113	101-113	100-113	99-113	98-113	97-113	96-113	95-113	94-113	93-113	92-113	91-113
250-260	113-117	112-117	111-117	110-117	109-117	108-117	107-117	106-117	105-117	104-117	103-117	102-117	101-117	100-117	99-117	98-117	97-117	96-117	95-117
260-280	117-121	116-121	115-121	114-121	113-121	112-121	111-121	110-121	109-121	108-121	107-121	106-121	105-121	104-121	103-121	102-121	101-121	100-121	99-121
280-290	121-124	120-124	119-124	118-124	117-124	116-124	115-124	114-124	113-124	112-124	111-124	110-124	109-124	108-124	107-124	106-124	105-124	104-124	103-124

NOTE: This air chart is designed as a recommended starting point only. Please refer to your shock owner's manual for additional setup information.

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